

UCC Environmental Action November / December Pledge

In order to help reduce solid waste & therefore my footprint on the earth; I pledge to:

- ✓ Compost yard waste (except seeding weeds)
- ✓ Compost kitchen scraps (except animal products) and limit garbage disposal use
- ✓ Recycle metal and glass food containers
- ✓ Recycle plastics (by knowing & using product recycle codes)
- ✓ Recycle cardboard, newspapers, mail and other paper
- ✓ Purchase recycled paper products
- ✓ Use re-usable towels, rags, wipes and napkins
- ✓ Use re-usable plates, flatware, cups
- ✓ Buy in bulk rather than in many small containers
- ✓ Avoid excess packaging on take-out food
- ✓ Limit use of highly packaged "convenience foods" (microwave dinners, snack packs, individual servings)
- ✓ Shop with reusable shopping bags
- ✓ Halt mail delivery of unwanted catalogs

For more information check out:

www.uccjustice.org

<http://www.epa.gov/epaoswer/non-hw/reduce/catbook/index.htm>

<http://www.co.ho.md.us/dpw/recycling.htm>



Don't forget to visit our Pledge Table to put your name on the leaf provided as a sign of your commitment. Then hang me up at home to help you remember your pledge!

Thank you.

UCC Environmental Action Committee